



Carlisle Assessment Centre



Address

Unit 2, Suite B, Carlyle's Court
St Mary's Gate, Carlisle
CA3 8RN

Opening times

8:30am to 4:30pm

Telephone

If you need any help finding us on the day, or find yourself running late, phone us on: **03000 929 815**.

Notes from this Centre

Carlisle Assessment Centre is a first floor assessment facility. There are 23 steps to the ground floor. If you would have difficulty using stairs unaided in an emergency, please call us at least two days before.

There is limited disabled parking on Castle Street, just around the corner.

The nearest car park is The Lanes (CA3 8DP), approximately five minutes away from the Centre.



Directions by train

Carlisle train station is approximately 0.4 miles away from the station. Exit the station and walk to the traffic lights. Cross the road to the left, then carry onto the next set of lights. Cross the road onto Castle Street. The road on your right is St Mary's Gate. On the left side is a black door between stone pillars. Enter and go up to the first floor (lift available). On the balcony, enter through the door opposite (number 2).

For more details on train services, visit www.nationalrail.co.uk/stations.



Directions by bus

The nearest bus stop to the Assessment Centre is Market Hall, approximately 0.1 miles away. Upon leaving the bus, walk towards Market Street and turn onto it. Turn left onto Fisher Street, then right onto St Mary's Gate. Enter through the black door and go up to the first floor. On the balcony, enter through the door opposite (number 2).

For bus service information visit www.traveline.info.



Directions by car

The nearest large car park is The Lanes (CA3 8DP). From the car park go to the ground floor, turn right and go through The Lanes, then left onto Scotch Street. Continue down Scotch Street and right through the arch. Turn right out of the arch, then left onto Treasury Court. St Mary's Gate will then be facing you across Fisher Street. Enter through the black door and go up to the first floor. On the balcony, enter through the door opposite (number 2).

Details correct at the time of print, January 2025.

The Health Assessment Advisory Service provided by
Maximus on behalf of the Department for Work and Pensions

